

Banksman Coaching and Workshop

Dynamic coaching safeguarding against
damage and injury

- Duration: 7.5 hours
- Delegates: up to 6 participants
- Format available:

Classroom workshop and practical coaching



Overview

This course highlights the dangers associated with reversing large vehicles and the need to mitigate risk to reduce vehicle damage and injury to staff and passing pedestrians.

Participants will carry out a dynamic risk assessment, demonstrate correct hand signals following HSE recommendations, deal with emergencies and explain the responsibilities of a banksman.

They will also be instructed on best practice techniques used in reversing manoeuvres and traffic management.



At the end of the course, participants will be able to:



Explain the dangers associated with reversing vehicles and the need for essential control measures



Undertake a dynamic risk assessment and explain what can go wrong and how to mitigate risk



Demonstrate skills required to direct a driver reversing and how to take control of the vehicle operating area



Explain the role and responsibility of the driver and banksman when a vehicle is manoeuvring in confined spaces

Delivery method

The course is facilitated by a professional trainer who will fully engage with participants to develop confidence and competence in safely guiding large vehicles and reducing risk to property and other road users.

The course will require access to a training room, secure yard area and large vehicle with driver.



Course benefits



Reduce risks associated with reversing vehicles

Training will reduce driver risk, incidents, potential HSE investigation and prosecutions



Meet your duty of care

Our courses are designed to help you meet your duty of care obligations



Improve your banksman's competence and knowledge

- Basic and complex techniques and hand signals
- Dangers associated with reversing
- Dynamic risk assessment

Who should attend?

Anyone involved in the control of large vehicle movements within a confined area such as a factory yard, loading bay area, distribution depot, construction site or similar.



Workshop and coaching outline

Introduction

RIDDOR & HSE statistics (UK)

Dangers and risks of having/not having a banksman.

- Stats on vehicle injuries to persons in the workplace

Control measures

Duty of care should be in place whenever there is a risk, no matter how slight.

- What are control measures?
- What could go wrong and how to mitigate risk
- Banksman hand signals
- Roles of the driver and banksman when a vehicle is manoeuvring in confined spaces
- Checklist and dynamic risk assessment (DRA)
- HSE recommended code of signals and guidance

Coaching – banksman signals

Hand signals for basic and complex manoeuvres.

- Characteristics of a large vehicle, including articulated, when reversing
- Use of signals under instruction
- Basic banksman signals
- Complex banksman signals
- Demonstrate competent guidance with signals of a vehicle carrying out realistic reversing and banksman manoeuvres
- Undertake a dynamic risk assessment

Course review

- What drivers are taking away and key learning outcomes
- Revisit 'what do you want to get out of today' question and see if course has achieved objectives
- Trainer delivery quality assurance

Logistics

Our Banksman coaching is facilitated both in a classroom and in the customer yard area. To facilitate the classroom element, we will need:

- A room big enough to comfortably seat all attending
- A wall to project an image onto
- Flipchart and pens
- Suitable toilet facilities
- Refreshments

For the practical Banksman training we will require:

- Access to a safe and secure yard area to practice the Banksman skills
- A vehicle and driver to be directed by the delegates
- Customer to provide appropriate PPE e.g. high visibility jacket

Our trainer will undertake a dynamic risk assessment prior to training and any risks that cannot be resolved may jeopardize the training.

It is this customer's responsibility to ensure all facilities are available and appropriate. Please discuss at time of booking.



Logistics

In order to facilitate the practical Banksman training course participants will need to:

- Be able to read a number plate from 20 metres in good day light with or without corrective vision. Our trainer will undertake this test to ensure best practice is undertaken
- Wear suitable warm and dry weather clothing
- Wear high visibility jacket
- Wear suitable footwear
- Wear suitable gloves if required



To book

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Developing safer driving behaviours to mitigate on-road incidents

