

Driver Essentials Workshops

Developing safer driving behaviours and reducing your fleet running costs

- Duration: 30 minutes per workshop module
- Delegate numbers: 12 online : 16 classroom
- Formats available:

Classroom workshop Virtual classroom live

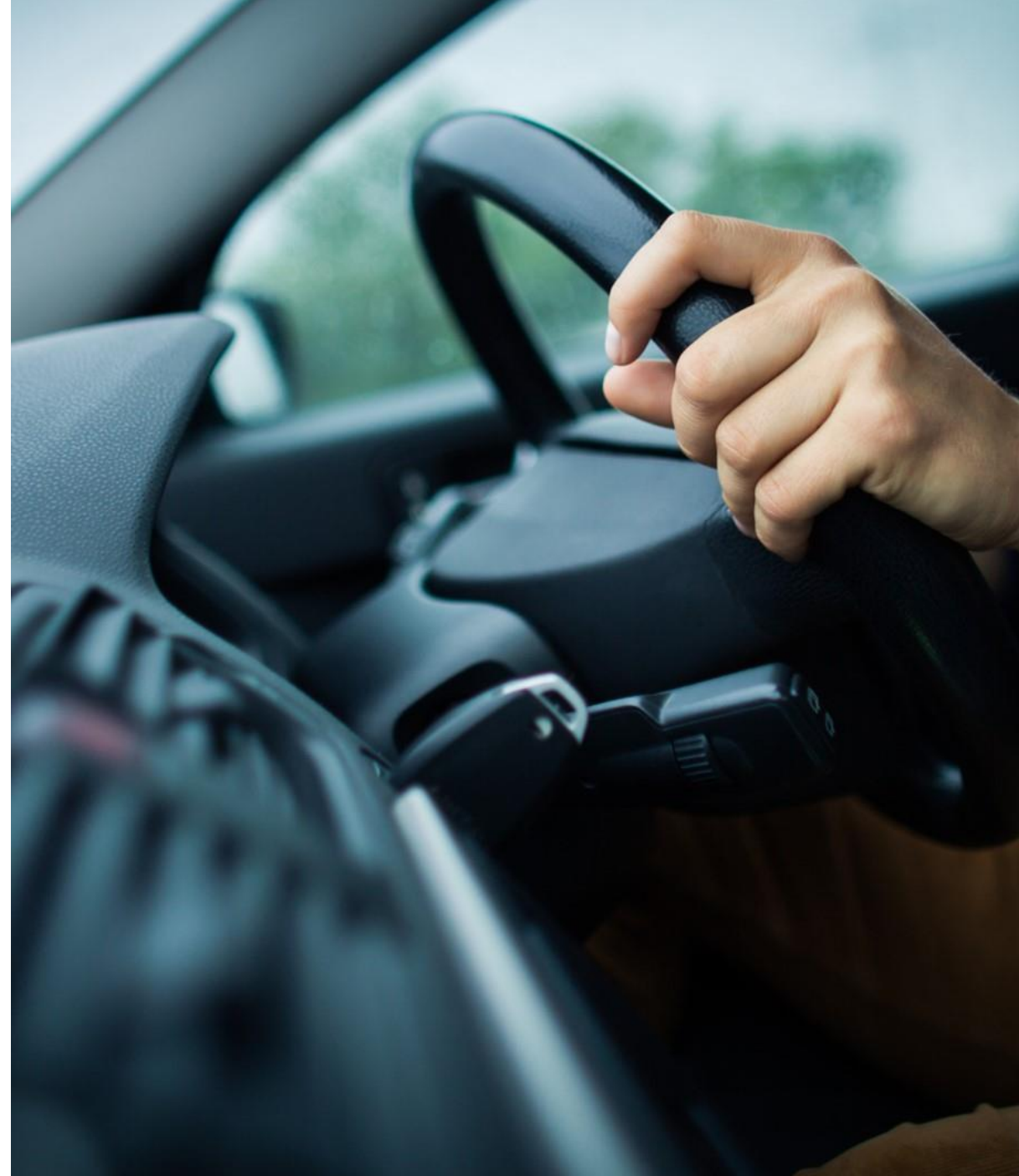


Overview












Driver Essentials is a series of 11 interactive workshops (20-30 minutes each) which can be taken at lunchtime or as part of a wider event within your organization e.g. Road Safety Week or similar.

Our expert trainer will engage drivers by sharing important road safety advice designed to minimise driver risk and support you in meeting your duty of care obligations.

Choose any multiples of the workshops and run them back-to-back or over a few days.



At the end of the workshop(s), drivers will be able to:

-  Use **defensive driving** skills designed to reduce risk and avoid dangers
-  Explain the law, the impact and consequences of using a **mobile phone** while driving
-  Develop **eco-driving** techniques to lower fuel usage and vehicle running costs
-  Develop driving **observation skills** contributing towards a reduction in incidents
-  Identify different types of **electric vehicles** and ways to reduce energy consumption
-  Develop a personal strategy to combat **driver fatigue**
-  Understand the **law on drink-driving** and how the 'morning after' scenario can affect them
-  Develop good **parking and manoeuvring** sense reducing vehicle damage
-  Explain how **smart motorways** work and reduce the chances of committing an offence
-  Identify ways to mitigate and reduce the risks associated with **speeding**
-  Prepare for **winter driving** and reduce risks in driving in bad weather

Delivery method

The workshop is facilitated by a professional driver trainer who will fully engage with participants to maximise the learning experience, draw out participants' views and opinions.

“Marie was an excellent trainer and facilitator. Content was articulately delivered and she allowed participants to raise any concerns or challenges they had and responded both professionally and appropriately”

Steven Larder, Shell UK LTD

Delivery formats available:



Classroom workshop

- Duration: **30** minutes each
- Delegates: up to **16** drivers



Virtual classroom live

- Duration: **30** minutes each
- Delegates: up to **12** drivers

Workshop benefits



Reduce your drivers' risks

- Training will reduce driver risk, collision rates, fleet costs and reputational damage



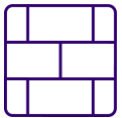
Meet your duty of care and any CSR programmes

- Our courses are designed to help you meet your duty of care obligations



Improve your drivers' on-road competence and knowledge

- The interactive modules focus drivers on key on-road issues which will develop safe driving practices and skills



Flexible and scalable modules reducing driver time off the road

- Focus drivers on the key issues which need addressing in your organisation

Who should attend?

Any employee who drives any type of vehicle either for work or privately, with family and friends.



Workshop outline – choose any multiple modules

Defensive driving

Set of driving skills designed to reduce risk and help drivers avoid dangers on the road by using safe driving practices.

- Percentage of incidents which have driver error as the main contributory factor
- What is a hazard?
- The three types of hazards which dictate your speed
- Difference between proactive and reactive driving
- The defensive driving technique
- How to apply the principles of COAST

Effective observation

Develop driver observation skills which can contribute towards a reduction in incident rates and prevent reputational damage.

- The law on driving and eyesight
- Where most collisions and fatalities occur
- What active scanning entails
- Elements of COAST that play a part in effective observation
- How to use 'what if' to spot and anticipate hazards

Eco-safe driving

Develop eco-driving techniques to lower fuel usage and costs, prevent vehicle wear and tear and reduce vehicle maintenance.

- Percentage of fuel saved when selecting a slower speed
- Fuel eaters that increase consumption
- How to develop good acceleration sense (ease and squeeze)
- How to use the slow to flow technique
- Top tips for eco-safe driving

Distractions – mobile phones

Reduce the risk of an incident or prosecution by ensuring drivers understand the law, the impact and consequences of using a mobile phone while driving.

- Awareness of the risks of using a mobile phone handsfree or not
- What the law says about using your mobile phone while driving
- Penalties for using a mobile phone while driving
- Coping strategy as to when /when not to use the phone while driving
- Can we really multi-task when driving?
- The facts on using a mobile while driving

Electric and hybrid vehicles

Identify different types of electric vehicles, ways to reduce energy consumption and help towards lowering your environmental impact.

- Typical cost savings for electric v petrol/diesel vehicles
- Different types of electric vehicles
- How best and where to charge an EV
- Top 5 tips for reducing energy consumption and increasing range

Driver fatigue

What, why and when fatigue occurs - support drivers to develop a personal strategy to combat it and meet your duty of care obligations.

- Percentage of incidents involving driver fatigue as a major contributory factor
- Peak times for fatigue to kick in
- Factors likely to cause fatigue
- Early signs of fatigue
- Importance of knowing how fast you are travelling per second
- Explanation of microsleep
- Strategy to combat fatigue

Workshop outline - choose any multiple modules

Alcohol impairment

Ensure your drivers understand the law on drink-driving and how the 'morning after' scenario can affect them – and meet your health and safety obligations.

- The drink-drive penalty
- The law on drink-driving
- Drinks that contain more alcohol
- How to calculate alcohol units
- How long the body takes to remove alcohol
- Strategy for avoiding the 'morning after' scenario

Parking and manoeuvring

Reduce the possibility of causing death or serious damage to the vehicle by developing good parking and manoeuvring sense.

- Where a vehicle is most likely to be damaged
- Percentage of vehicle fatalities which have reversing as a main factor
- Considerations for parking
- How to conduct a dynamic risk assessment
- Top tips for parking

Smart motorways

Understand how smart motorways work and develop a safe driving strategy to reduce the chances of your drivers committing an offence or being involved in an incident.

- The purpose of smart motorways
- Difference in advisory and mandatory speed limit signs
- How technology is used on smart motorways
- The different motorway signs
- Temporary and all-lane running
- How to use an emergency refuge area
- Criteria for a safe motorway driving strategy

Speed management

Identify ways to mitigate and reduce the risks associated with being on the road.

- The 3 factors that lead to an incident
- Why excess and inappropriate speed is a danger
- How to determine the speed limit for road and vehicle type
- Difference between a single and dual carriageway
- Need for 20mph speed zones

Winter driving

Snow and ice increase the risk of an incident – this engaging workshop will prepare your drivers for winter driving.

- How to prepare for winter driving
- Identify high-risk areas
- How to avoid and correct skids
- How to adapt your driving style for winter driving
- Passive driver safety aids

Logistics

Our Driver Essentials Workshop is designed to be taken either in a real or virtual classroom environment.

For **real time classroom workshops** we will require:

- A suitable room or location is available for small groups of 16 delegates
- A white wall to project an image onto
- Easy access to power supply

For **virtual classroom workshops** we request that:

- Delegates use a tablet, laptop or desktop (Smartphones are not suitable)
- Have a web camera, speaker and microphones
- Stable internet connection
- Connectivity to mains electricity



To book

TTC Fleet and Driver Risk Management Services

T: 03330 113 113

E: drivertraining@ttc-uk.com

www.thettcgroup.com

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